

2 Free Day Hot Desking Trial



It's time to work wonderful

A photograph of a metal padlock and chain on a wooden post in a forest. The padlock is a large, industrial-style metal padlock with a circular body and a keyhole. It is attached to a chain that is looped around a wooden post. The background is a blurred forest with trees and a ground covered in brown leaves.

Securing Your API The OWASP Top 10

Rob Allen, February 2026



57 % of organizations suffered an API-related data breach in the past two years

Traceable 2025 Global State of API Security report



Why APIs are different?



The OWASP API Security Project seeks to provide value to software developers and security assessors by underscoring the potential risks in insecure APIs



OWASP API Security Top 10



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Who are you and what can you access?

Authentication and authorisation failures



Broken Authentication (#2)

APIs that don't properly verify who you are



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- Weak/no token validation
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- Credential stuffing attacks



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Example: API accepts JWT without verifying the signature



Broken Authentication (#2)

Prevention



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Prevention

- Use established standards (OAuth 2.0, OpenID Connect)
- Implement proper token validation and expiration
- Rate limiting on auth endpoints



Broken Function Level Authorisation (#5)

Users can access functionality they shouldn't



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- Incorrect authorisation checked on a function or resource
- Legitimate calls to endpoints that the user shouldn't have access to
- Undocumented open endpoints



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Example: /debug/dump



Broken Function Level Authorisation (#5)

Prevention



Broken Function Level Authorisation (#5)

Prevention

- Deny by default
- Check roles/permissions on every endpoint
- Don't rely on hiding endpoints from documentation



Broken Object Level Authorisation (#1)

Users can access objects belonging to other users



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- User can access another user's resource
- Changing an ID or key name allows access to privileged data



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Example: /users/123/orders - change to 124 and see someone else's orders



Broken Object Level Authorisation (#1)

Prevention



Broken Object Level Authorisation (#1)

Prevention

- Implement proper authorisation based on user policies
- Check if the user has access the requested resource
- Check that the operation is also allowed



Broken Object Property Authorisation (#3)

Users can read or modify properties they shouldn't



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- Sending properties that this user shouldn't see
- Allowing this user to change a property they shouldn't



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Example: User updates profile, includes "role": "admin" in payload



Broken Object Property Authorisation (#3)

Prevention



Broken Object Property Authorisation (#3)

Prevention

- Cherry pick object properties to return
- Explicit allowlists for input properties





Exploiting how your API works

Business logic and resource abuse



Unrestricted resource consumption (#4)

APIs that can be abused through resource consumption



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- Expensive operations without throttling
- Exhausting memory through requests for too much data
- Denial of service



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Example: `/widgets?page=1&per_page=1000000`



Unrestricted resource consumption (#4)

Prevention



Unrestricted resource consumption (#4)

Prevention

- Rate limiting (per IP, per user, per endpoint)
- Pagination with maximum limits
- Resource quotas / Timeouts



Unrestricted access to business flows (#6)

Critical workflows lack protection against automation



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- Some business flows are more sensitive than others
- Legitimate calls, but unexpected order"
- Excessive access may harm the business



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Example: Ticket scalping bots, inventory hoarding



Unrestricted access to business flows (#6)

Prevention



Unrestricted access to business flows (#6)

Prevention

- Device fingerprinting
- Behavioral analysis
- Transaction limits



Unsafe consumption of APIs (#10)

Your API trusts third-party APIs too much



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Example: Geolocation API takes 30 seconds to time out and locks your API



Unsafe consumption of APIs (#10)

Prevention



Unsafe consumption of APIs (#10)

Prevention

- Validate all external data
- Whitelist redirect URLs
- Implement timeouts





Operational security gaps

Configuration and infrastructure vulnerabilities



Security misconfiguration (#8)

Insecure defaults and missing security hardening



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Insecure defaults and missing security hardening

- Default configurations
- Missing security updates
- Unnecessary features enabled
- Header misconfiguration (CORS, etc.)



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- Unnecessary features enabled
- Header misconfiguration (CORS, etc.)

Example: Error messages return stack traces



Security misconfiguration (#8)

Prevention



Security misconfiguration (#8)

Prevention

- Regular security auditing and updates
- Audit and remove unnecessary features
- For APIs against browser-based clients, implement CORS and security headers



Improper inventory management (#9)

Do you know your API?



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- Old API versions still running
- Shadow APIs (undocumented endpoints)
- Non-production environments accessible



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Example: v1 API wasn't decommissioned



Improper inventory management (#9)

Prevention



Improper inventory management (#9)

Prevention

- Maintain API inventory/catalog
- API Gateway / automated discovery tools
- Retire old versions with clear timelines



Server side request forgery (#7)

API fetches remote resources without validation



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- API fetches a remote resource from user-supplied URL
- Can access internal network endpoints



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Example: /images?url=http://127.0.0.1:8080/metrics



Server side request forgery (#7)

Prevention



Server side request forgery (#7)

Prevention

- Validate and sanitize URLs
- Whitelist for domains & media types, etc
- Disable HTTP redirection where possible
- Don't sent raw responses to clients



In Closing

OWASP API Security Top 10

- Authentication & authorisation failures
- Business logic & resource abuse
- Configuration & infrastructure vulnerabilities



Security requires

- Defense in depth
- Testing with the mindset of an attacker
- Ongoing attention



Resources

OWASP API Security Project website

owasp.org/www-project-api-security/

REST Security Cheat Sheet

cheatsheetseries.owasp.org/cheatsheets/REST_Security_Cheat_Sheet.html

API Security news

apisecurity.io

"Securing APIs isn't optional; it is the frontline defense for protecting data integrity and maintaining digital trust."

Randy Barr, Cequence Security



Thank you!